

## 1975 Skyline Conference - May 13 & 15, 1975 - Park Center High School

Teams: Fridley 71, Park Center 63, Osseo 56, Spring Lake Park 31, Forest Lake 30.

### 120 Yard High Hurdles

- 1 Rick Lemkins, F 15.0
- 2 Ray Modig, F 15.5
- 3 Duane Linds, SpLP 15.7
- 4 Dan McConnell, FL 15.7
- 5 Jay Dustad, SpLP 15.8

### 100 Yard Dash

- 1 Duke Lachinski, SpLP 10.3
- 2 Ron Sutherland, F 10.3
- 3 John Frankenfield, F 10.3
- 4 Jim Strande, SpLP 10.4
- 5 John Lindberg, PC 10.4

### Mile Run

- 1 Scott Williams, O 4:25.8
- 2 Scott Clark, O 4:31.8
- 3 Mark Strand, FL 4:38.3
- 4 Rick Oprechak, PC 4:39.3
- 5 John Utter, F 4:43.0

### 880 Yard Relay

- 1 Fridley 1:34.6
- 2 Park Center 1:34.9
- 3 Osseo 1:36.6

### 440 Yard Dash

- 1 Chuck Rodin, PC 51.7
- 2 John Frankenfield, F 52.1
- 3 Crandall Buzzell, SpLP 52.2
- 4 Terry Westerman, PC 52.8
- 5 Walt Lindeman, F 53.3

### 180 Yard Low Hurdles

- 1 Rick Lemkins, F 20.8
- 2 Ray Modig, F 21.8
- 3 Dan McConnell, FL 21.9
- 4 Paul Hilstrom, PC 22.2
- 5 John Lindberg, PC 22.3

### 880 Yard Run

- 1 Kevin Coons, O 1:59.2
- 2 Dan Hed, O 2:00.8
- 3 Rick Larsen, PC 2:01.3
- 4 Doug Rue, F 2:01.8
- 5 Kerry Kellerhuis, FL 2:02.6

### Sprint Medley Relay

- 1 Osseo 3:40.5 \*\*
- 2 Fridley 3:44.3
- 3 Park Center 3:48.3
- 4 Spring Lake Park 4:01.4

### 220 Yard Dash

- 1 Scott Markuson, F 23.1
- 2 Ron Sutherland, F 23.2
- 3 Mike Gruenberg, F 23.2
- 4 Duke Lachinski, SpLP 23.2
- 5 John Lindberg, PC 23.2

### Two Mile Run

- 1 Gary Johnson, PC 9:40.3 \*\*
- 2 Dana Fossmo, O 9:44.8
- 3 Lloyd Pierce, FL 10:01.8
- 4 Duane Huck, PC 10:01.8
- 5 Dennis Cummins, SpLP 10:05.2

### Mile Relay

- 1 Osseo 3:29.7
- 2 Fridley 3:30.0
- 3 Park Center 3:32.5
- 4 Forest Lake 3:32.5

### High Jump

- 1 Dan McConnell, FL 6-0.5
- 2 Mark Lane, PC 5-10
- 3 Ken Klefsass, PC 5-8
- 4 Ron Spencer, O 5-8
- 5 Steve Kottke, O 5-8

### Pole Vault

- 1 Walt Sanford, FL 12-4
- 2 Ken Slepica, SpLP 12-4
- 3 Kim Johnson, F 12-0
- 4 Hagen, FL 11-6
- 5 Todd Bakke, ) 11-6

### Long Jump

- 1 Duke Lachinski, SpLP 21-6 \*\*
- 2 Ron Sutherland, F 20-9.5
- 3 Ken Klefsass, PC 20-6.5
- 4 Mike Gruenberg, F 19-11.5
- 5 Rick Spillers, O 19-10

### Shot Put

- 1 Jay Lange, PC 50-10.75
- 2 Dave Setzer, O 50-5.25
- 3 Tim Biegert, O 49-9.5
- 4 Joe Viska, O 48-9.5
- 5 Chris Dustrud, PC 46-8.5

### Discus

- 1 Jon Borchardt, PC 145-11
- 2 Chuck Cherrier, PC 138-10
- 3 Dave Setzer, O 133-1
- 4 Mike Cain, FL 126-0
- 5 Dawson Grover, SpLP 125-0

\*\* Meet Record

Notes: